

*The international artist and actress was born into the world of fine art as the daughter of the curator and art historian Wieland Schmied. Seeking distance and identity, she initially focused primarily on theater acting, and found the freedom of fine art in a performance that is surely influenced by art history and theater as well. Kowa discovers the essentials through the process of live-art with its embodiment in space and time, and likes to work in cycles that offer her a continuity of inner debate, within artistic freedom. She founded ACT.ART.OUT. performance theater in 2013 and is focusing fully performance art ever since.*

**Studies**

1993-97 ERNST BUSCH academy for performing arts and theater Berlin (Diploma) 1994-98 studies with Nan Hoover, Vallie Export and Ellen Cantor video and performance summer academy Salzburg, Austria (Diploma)

2007 Producers seminar at the bavarian academy for Film BAF Munich (Diploma)

**Assistance**

1998 artistic assistant at the Wooster Group  
Performing Garage New York

**Training**

IFS Cologne-masterclasses-Mike Figgis and Tom diChillio  
Maisner Technique at actors space Berlin

**Scholarships**

2009 the studio Hollywood/LA

**Awards**

2010 best feature film for DREAMING MALI at the TBFF Dallas, USA  
Presented in collaboration with the Dallas Museum of Art

2011 best feature nominations at the ÉCU fest Paris and New Jersey filmfest

**Workshops**

she gave workshops in different places and festivals in Latvia, Austria, New Zealand, Indonesia and in Germany amongst others at the Ernst Busch Academy for performing arts Berlin

**List Of Works (Selection)**

*Performance/ Video works/ Festivals*

*Barbara Kowa's main interest is live-art- performance, process, co-creative and site- specific work, so exhibitions have never been her main focus.*

*Nevertheless you can find some in this general List of works marked in italic writing.*

1994-video installation *THE REALITY OF A DREAM* Saline Hallein

TIME SIGN 5 hour-landart performance in Salzburg Austria curated by Nan Hoover

1995 MIND AND MATTER performance at the gallery Utaku in Bern

1996 AMOR EST UN ZIETKE at the performance festival

„working for the mental internet“ Bern

1996-99 actress at the Renaissance Theater Berlin

1998 *HEIMKEHR* videoinstallation and performance at gallery mainblau, Berlin

1999 Maria in "the proof of the soul" by Rudolf Steiner, Documenta X

2000 *INTIMACY 2* Pan+ barakowa Galery Alcatraz, Hallein, Austria

2001-2 Monolog "Molloy" Beckett for the Academy of arts Munich

2002 Videoinstallation *SEVEN STEPS AND BEYOND* Kunstraum Berlin (Solo show)

2004 IFS:experimental film real time project with Mike Figgis

2005-6 performer/dancer in "Takemitsu-my way of life" States-Opera-Berlin

touring Paris (Theatre du Châtelet) and Tokio (Bunka Kai Kahn)  
2005 video-interlay performance at the Transitstation Berlin  
2005 choreography and performance "open air Art Museum" Pédvale, Latvia

2006 *EMPIRE OF PEACE* (video 30 min) for Kunsthau Wien Austria  
2007 MIND AND MATTER 2 performance with Markus Schaller, Transitstation Edinburg  
2006-9 TREETALKS video performance (UNTIL DEATH DO US PART)  
2008 ONEAN(D)OTHER live-art in Mali, with Markus Schaller

Video installation *BASIC KNOWLEDGE* Bologna, Giardino del Guasto  
2008-interactive Video-performance in the Watercastel in Bad Rappenau

2009 performance and Videoinstallation of *TREETALKS* in Berlin Theater chappel  
2010 *HEART VENTRICLE* Royal Danish academy of arts Copenhagen/Transitstation  
2011 Live-art-project WATER WISDOM China/Shanghai/ Beijing

2012 *E.V.E. fest female performers from New York + Berlin*, curated by SilverSilverSilver  
SEEDS AND EGGS Cell63 Luisa Cattucci Gallery  
2013 *SEVEN SEALS* performative installation (art.endart and Uferhallen Berlin)  
2014 *MAO+TAO Feature Film on "water wisdom"* shown at art.endart Berlin

BLOOD AND BREATH at Cell 63 Berlin  
HEART OF UNITY in Israel during the operation 'protective edge' (Tel Aviv, Haifa, Acco)  
2014+2015 SEVEN SEALS at NEW HEALING festival Germany  
2015 SEVEN SEALS in New Zealand (Prana festival)  
+Lithuania (Yaga Gathering)  
ABSTRACT BODIES/ BODY LANGUAGE site-specific dead sea, between Israel and Jordan  
SKIN at Cell 63 Berlin weekend of performance art curated by Dagmar-Glausnitzer Smith  
SEEDS AND EGGS at open-air-arts museum pédvale, Latvia  
2016 SEVEN SEALS on Gili Air beach, Indonesia  
V.U.P. Live-art during the Berlinale Festival, Berlin  
HOMAGE TO RICHTER videoperformance  
INVOLUTION (SHAME SHAME SHAME) videoperformance  
2017 SEVEN SEALS in Nazaré beach, Portugal

*PERIPHERIE WITHOUT CENTER* performative installation  
at gr\_und Berlin, curated by L.Hungh  
HOMAGE TO NIKI DE ST PHALLE intimate videoperformance  
BREATH IN BLOOD with Collin Edina Leach at weekend of performance art,  
curated by Dagmar Glausnitzer-Smith

2018 *THE CALCULATING MIND CAN NOT BE TRUSTED* 42 days non-stop-gallery durational  
and solo show, Luisa Cattucci Gallery Berlin

HOMAGE TO DUCHAMP ongoing live-art Berlin  
SKIN, HEART, BRAIN at ANGST festival Paris  
curated by Francesca Sand and Action Hybrid in collaboration with Ely Daou  
I COUNT ON YOU at startepla performance festival Riga curated by Laura Feldberga  
in collaboration with Ely Daou